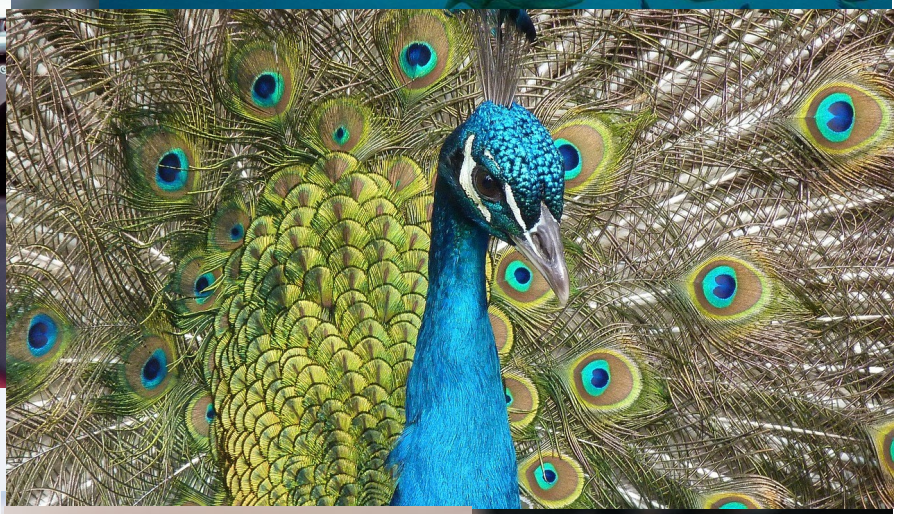
recoop













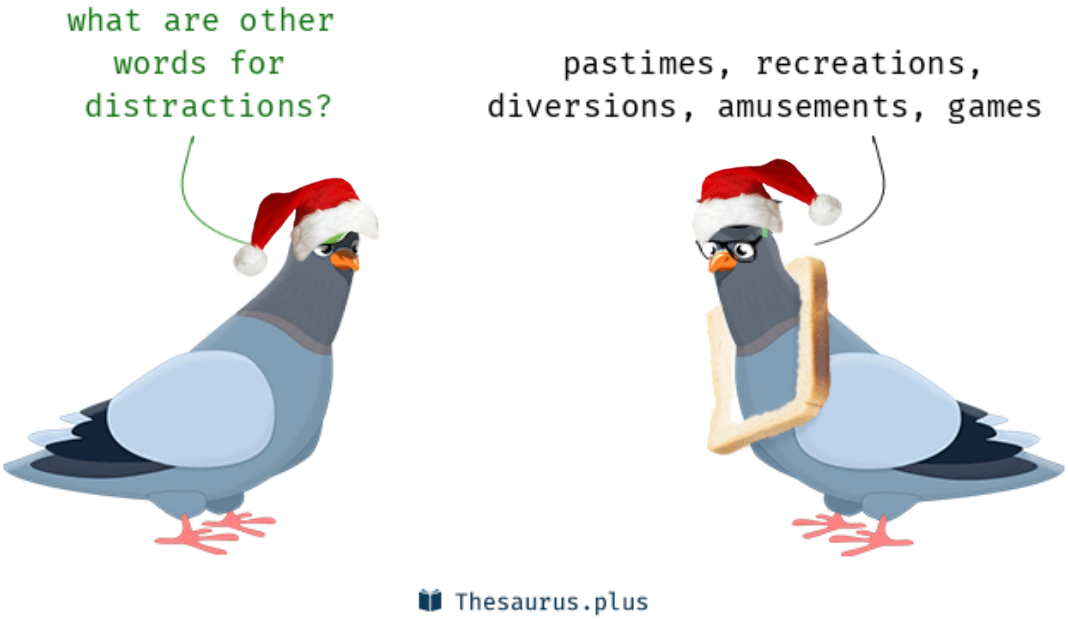






‘food for thought’
Distraction Pack
December 2024

Photos sourced from Pixabay.com



Seasons Greetings and welcome to the December issue of ‘food for thought’.

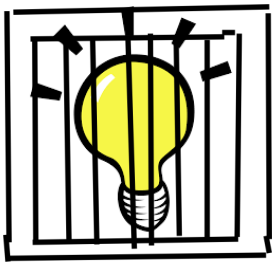
Recoop has been working with older individuals with convictions (in prisons and the community) since 2010 and we recognise the importance of keeping active, both physically and mentally. We have been producing these packs since 2016 with recipients finding them a fun, informative and educational distraction. Please share with your education department to help support any debates, reminiscing sessions and activities.

We hope you enjoy the puzzles, activities and reading matter.

The answers are given at the back, so if you don’t want to know what they are, don’t look beyond page 26!

We have included a number of reindeer within this issue - how many can you find (include this one)?





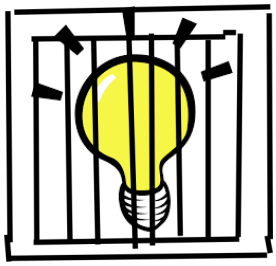
Thought for the day



Quiz 1 - Christmas traditions around the world



1. What is the most popular carol you will you hear at Christmas?
2. What long-necked bird was a popular Christmas dish in Renaissance England?
3. What peace symbol do Armenians decorate in place of a Christmas tree?
4. In England, what happens if a gift list is tossed in a fireplace and carried up the chimney by a draft?
5. In 1898 Canada issued the first what on Christmas Day?
6. It would not be Christmas in Wales without what sweet: taffy-pull or taffy apple?
7. In what country does the gift bringer Hoteiosho bring gifts, India or Japan?
8. In what country does Kallikantzaroi emerge from the earth between the days of Christmas and Epiphany: Greece or Spain?
9. What favourite Christmas seafood dish is served on a shell in Paris?
10. Who brings Christmas gifts in Belgium?
11. What German family member normally decorates the tree?
12. What country features the “smoke blessing” at Christmas: Finland or Austria?
13. What European country originated the Christmas card?
14. What country started the tradition of exchanging gifts?
15. On what day do French parents exchange presents?
16. What musical aspect of Christmas did Victorians save from obscurity?
17. What country produces clay figures known as santons each Christmas: Italy or France?
18. In Labrador, children carry lighted candles in what vegetable: turnip or tomato?
19. What do Dutch children have filled with candy and toys?
20. If someone were to say to you “Nadolig Llawen” what language would they be speaking?



Quiz 2 - Christmas Word Scramble

The letters in red have been mixed up. Can you unscramble them to make sense of the sentence? It sometimes helps re-writing the letters in a circle to spot other words.

1. It is time to decorate the CHASTER MISTER with tinsel, garlands, baubles and strings of light.

2. I'm not sure, but I think the edible FAUCET IRK that someone in my family gives every year is the same one that has been passed around for years.

3. The modern day Santa Claus can trace his roots to CLANNISH IOTAS - a holy man who was born in the third century. In some countries the gift giving is on his day (6th December) rather than on Christmas Eve or Christmas Day.

4. We went to see a traditional Christmas performance of HET NECTARRUCK - a ballet with music by Tchaikovsky.

5. Red was the dominant colour in our Christmas decorations, especially because we used lots of showy scarlet PIANIST TOE flowering plants.

6. We went around the neighbourhood, door to door, singing LARCH OSTRACISMS collecting money for charity.

7. On my front door I hung a Christmas THAWER made of holly and red berries and decorated with ribbons and bells.

8. We went to a Christmas Church Service and stood up as we listened to the Choir sing the famous RASCAL JELLO UH-HUH by Handel.

9. After opening our presents on Christmas morning, my grandmother saved all the colourful GRAPE PRAWN PIP to use for next years' presents.

10. My ARCH CRICK MASTERS contained a terrible joke.

Source: goldencarers.com

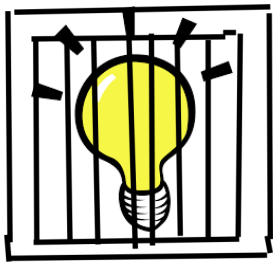
Activity - Hidden Objects

Can you find the objects shown below? They are very well hidden and not all is showing. I couldn't find the ladybird - can you?





Source: www.goldencarers.com



Activity - The Wall

Inspired by the TV programme Only Connect, can you put these words into groups of four and work out the connection between them?

Bauble	Sultanas	Roast Potatoes	Stuffing
Turkey	Paper	Ribbon	Lights
Label	Fairy	Tinsel	Icing
Brandy	Tape	Pigs in Blankets	Flour

CONNECTION:

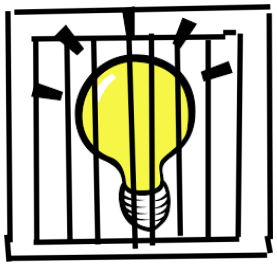
Wish	Ding	In	Angels
Away	Hark	Merrily	Merry
Christmas	You	Sing	High
Herald	A	Dong	Manger

CONNECTION:



Green	Buddy	Robbers	Workshop
North Pole	Left Behind	Present	Past
Dr Seuss	Future	Stolen	Ghosts
Kevin	Grumpy	Orphan	Buzz

CONNECTION:



Amusing Short Stories



Hiccups

A man walks into a pharmacy and asks an assistant if she can give him something for the hiccups. The Assistant promptly reaches out and pokes him in the ribs.

"What did you do that for?" the man asks. "Well, you don't have the hiccups anymore do you?" says the assistant.

The man replies "No, but my wife does, and she's outside in the car".

Are computers masculine or feminine?

A class learning French and trying to get to grips with the gender attached to each word, wondered if the word "computer" should be masculine or feminine. Split into two groups, men and women, they were asked to say which they considered a computer to be, and to give four reasons for their decision.

The men decided that computers are feminine because:

- No one but their creator understands their internal logic.
- The language they use to communicate with each other is totally incomprehensible.
- Even your smallest mistakes are stored in long-term memory for later retrieval.
- As soon as you commit to them, you spend half your disposable income buying accessories for them.

The women decided that computers are masculine because:

- In order to gain their attention, you have to turn them on.
- They are full of data, but are still clueless.
- They are supposed to help you solve your problems, but most of the time they **are** the problem.
- As soon as you commit to one, you realise that if you had waited a little longer, you could have had a better one.

Unroadworthy Car

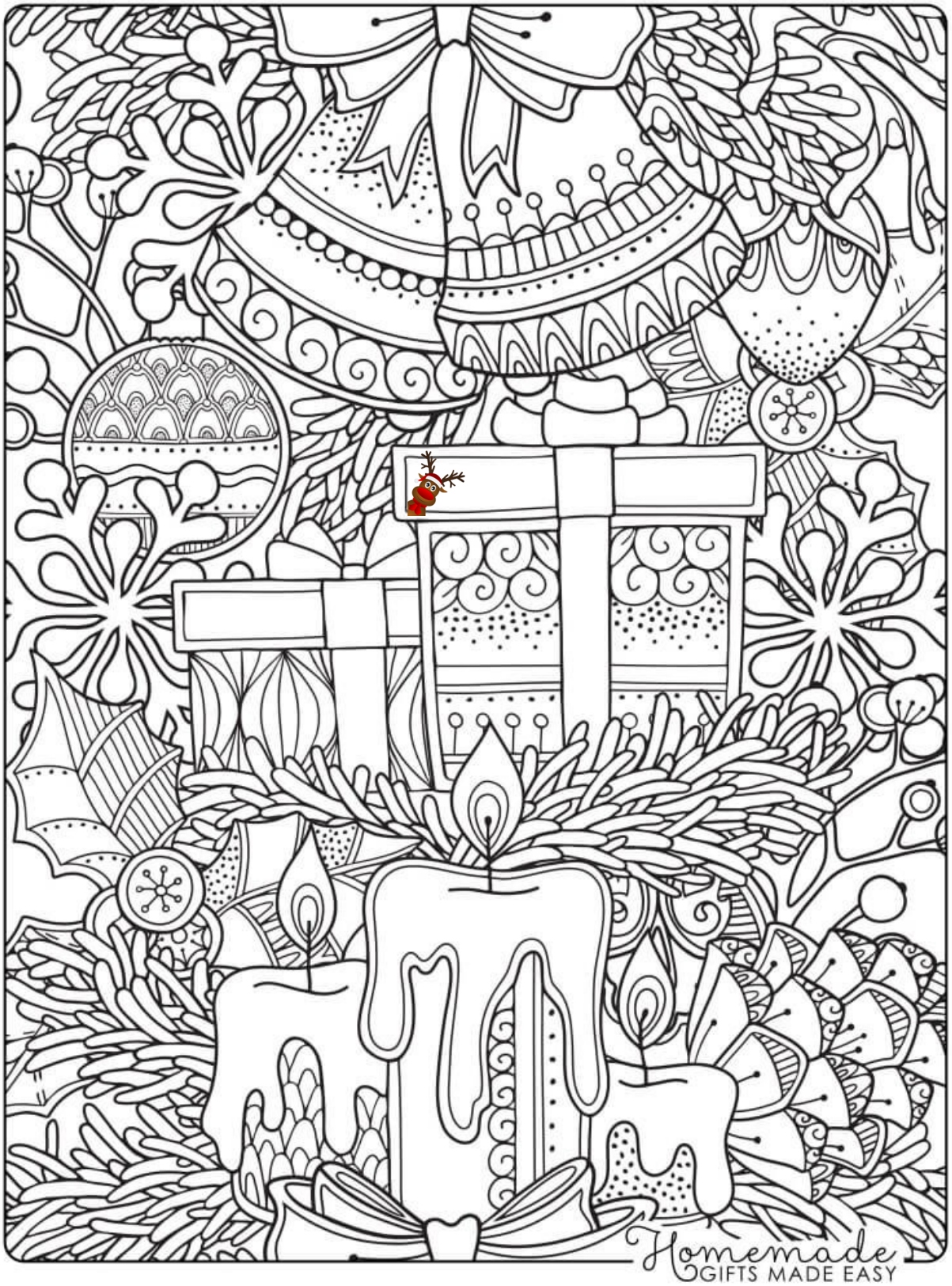
A police officer approaches a driver's window and says: "Your tail light is broken, your tyres are bald, and your bumper hangs halfway down. That will be £300".

Driver: "Alright, go ahead. They want twice as much as that at the garage."

Source: www.goldencarers.com

Activity - Colouring

If you don’t have coloured pencils, try using different shades of grey.



Unusual places to find a church

In a tree



The Chêne chapelle is an oak tree located in Allouville-Bellefosse in France. The oak tree is between 800 and 1,200 year old. It is 49 ft (15 m) high and its base has a circumference of 52 ft (16 m). Its hollow trunk hosts two chapels, which were built there in 1669: Notre Dame de la Paix ("Our Lady of Peace") and the Chambre de l'Ermite ("Hermit's room"). A spiral staircase around the trunk provides access to the chapels.

In a Cave



Places of worship inside caves are not unusual, especially in Asia, but a modern church in Europe, that is unusual. This fine example is the Lutheran Temppeliaukio in Helsinki, Finland. Designed by brothers Tino and Tuomo Suomalainen and completed in 1969, the church is often used as a concert venue due to its fine acoustics. The church was excavated from the glacial rock that runs under the city. The only part visable from above ground is a large glazed dome which gives the church its daytime interior lighting.

On a Bridge



The Chapel of our Lady of Rotherham can be found on a bridge that spans the River Don in Rotherham, Yorkshire. Built in 1483 by Thomas de Rotherham, this stone chapel is now a Grade I listed building. The chapel has had many identities over the years including a tobacconist's shop and a private dwelling, but is now back to being used for the purpose in which it was intended.

Continued …..

Unusual places to find a church continued

On the side of a canyon



The vast Basilica of Las Lajas clings on to the side of a canyon overlooking the Guaitara River in Narino, Colombia. The building took 33 years to construct, finally being completed in 1949. This church was declared a basilica by the Catholic Church in 1954. As you can see the church and canyon are accessed by way of its own bridge. Las Lajas refers to the granite rock from which the building was built.

In a disused mine



In a town where people both live and work underground, it's only fitting their church be underground too. Situated in the opal mining town of Coober Pedy, South Australia, this Serbian Orthodox church was constructed from a disused opal mine, just like most of the residents homes. Daytime temperatures in Coober Pedy often reach 40^{o}c (104f) or more, so constructing homes and public buildings underground is definitely the cooler option.

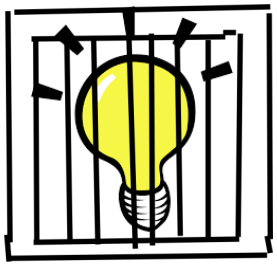
Most Southerly Church



Trinity Church is a small Russian Orthodox church on King George Island near Russian Bellingshausen Station in Antarctica. It is the southernmost church in the world and also is the evidence of great human architecture at the south pole. Built in 1990s, the church is a 49 ft (15 m) high wooden structure built in traditional Russian style. It can accommodate up to 30 worshipers at one time. The structure was built out of Siberian Pine by Altay carpenters, then dismantled, taken by truck to Kaliningrad and shipped to King George Island by the Russian supply ship.

Source: www.theworldgeography.com





Quiz 3 - History

All these events took place in December - do you know, or can you guess, in which year? The options are given below.

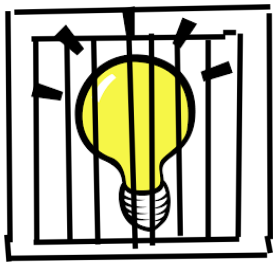
1. Lady Nancy Astor became the first woman in the House of Commons
2. Napolean Bonaparte was crowned Emperor of France
3. The first heart transplant was performed by Dr Christiaan Bernard
4. The Observer (now the oldest Sunday newspaper in the world) was first published
5. Haiti was discovered by Christopher Columbus
6. Walt Disney was born
7. John Lennon was shot in New York City
8. Benazir Bhutto was nominated as Prime Minister of Pakistan, the first woman to govern a Muslim nation
9. King Edward VIII abdicated to marry Wallis Simpson
10. Taylor Swift was born
11. Lech Walesa won a landslide victory in the Polish Presidential election
12. Roald Amundsen became the first person to reach the South Pole
13. British women voted for the first time
14. Nostradamus was born
15. The American band leader, Glen Miller, disappeared in a plane over the English Channel
16. Jane Austen was born

Your options are:

1492	**1804**	**1919**	**1980**
1503	**1901**	**1936**	**1988**
1775	**1911**	**1944**	**1989**
1791	**1918**	**1967**	**1990**

Source: historic-uk.com





Activity - Sing your hearts out!

God rest ye merry gentlemen

Let nothing you dismay
Remember Christ our Savior
Was born on Christmas Day
To save us all from Satan's pow'r
When we were gone astray
Oh tidings of comfort and joy
Comfort and joy
Oh tidings of comfort and joy

In Bethlehem, in Israel
This blessed Babe was born
And laid within a manger
Upon this blessed morn
The which His Mother Mary
Did nothing take in scorn
Oh tidings of comfort and joy
Comfort and joy
Oh tidings of comfort and joy

Fear not then, said the Angel
Let nothing you affright
This day is born a Savior
Of a pure Virgin bright
To free all those who trust in Him
From Satan's pow'r and might
Oh tidings of comfort and joy
Comfort and joy
Oh tidings of comfort and joy

Repeat first verse

We wish you a Merry Christmas

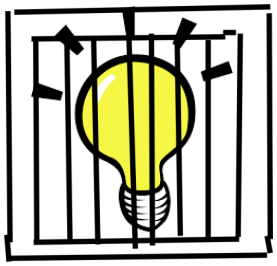
We wish you a Merry Christmas
We wish you a Merry Christmas
And a Happy New Year.

Good tidings we bring
To you and your kin
We wish you a Merry Christmas
And a Happy New Year!

Away in a manger

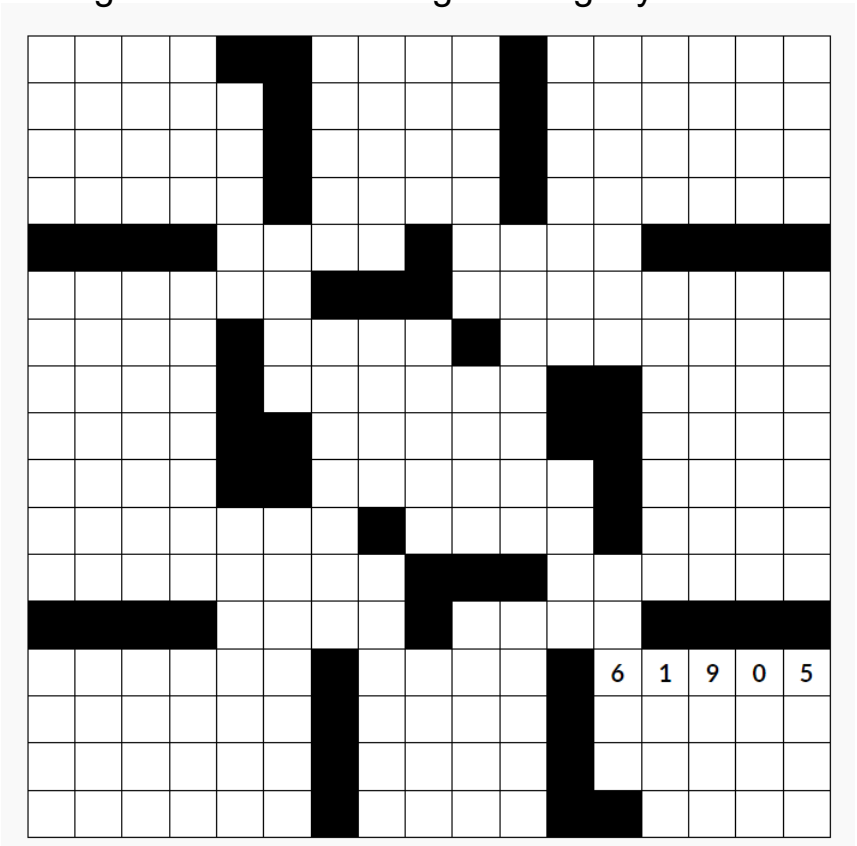
No crib for a bed
The little Lord Jesus Lay down his sweet head
The stars in the sky
Look down where he lay
The little Lord Jesus
Asleep on the hay

The cattle are lowing
The poor baby wakes
But little Lord Jesus
No crying he makes
I love thee Lord Jesus
Look down from the sky
And stay by my cradle bedside
'Til morning is nigh



Activity - Number fill-in

Can you fit the numbers below into the grid. One has been given to get you started.



4 DIGITS

0145
0154
0299
0369
0663
0681
0692
0884
1343
1420
1437
1480
1523
1862
2471
2661
2696
3297
3625
3708
3952
4006
4067
4263
4410
4857
5180
5262
5333
5824
5952
6080
6313
6413
6542
6607
6863
7068
8169
8489
8762
8856
9029
9585
9671
9882

5 DIGITS

00897
03627
13864
18741
25012
33132
41399
56511
~~61905~~
72246
79433
83134
86327
96800

6 DIGITS

085257
168294
207970
241622
307068
395815
505046
648045
729885
796402
858849
938190
988664
990180

7 DIGITS

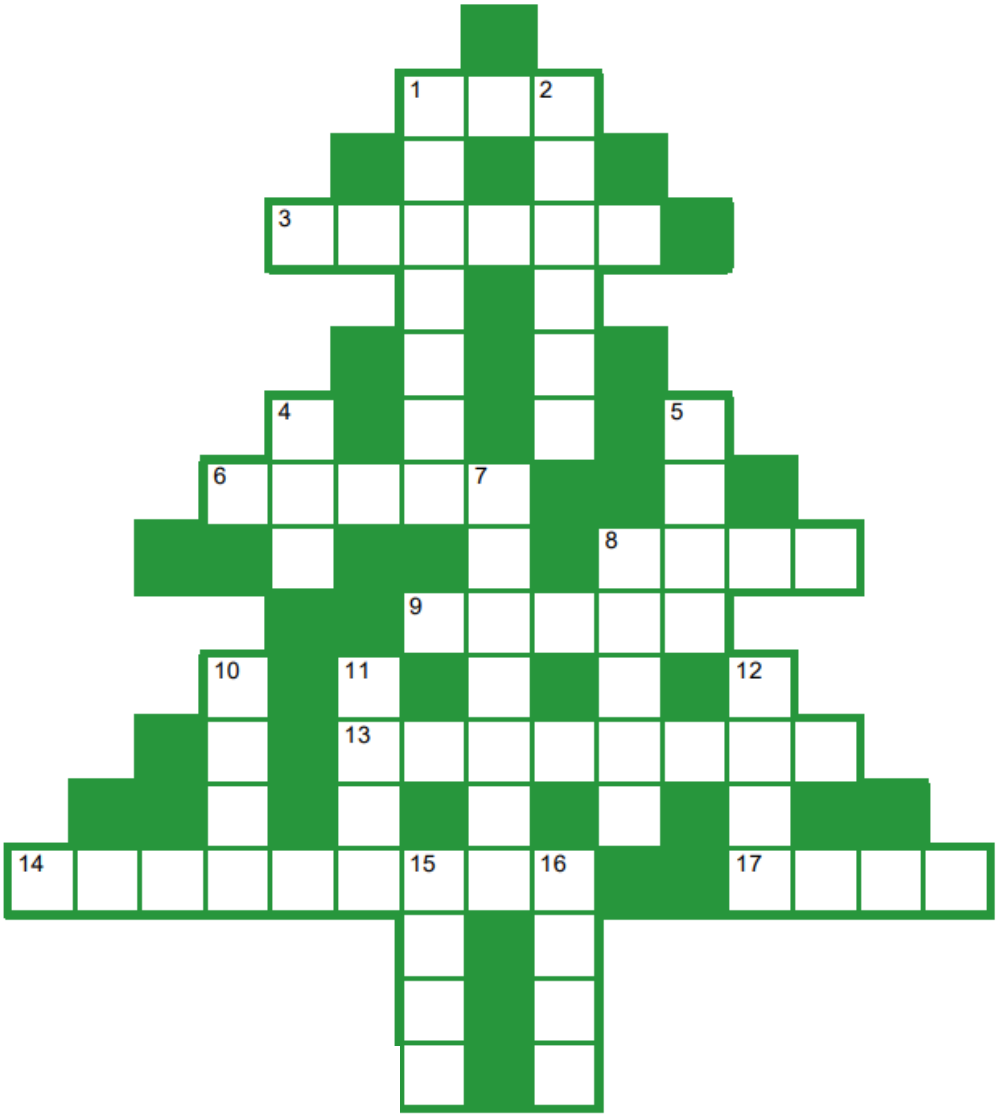
1847240
1931466
2572793
4097502
4212007
4599244
5839697
5876320
6499715
6528049
6837828
6842788
7315268
7746669
8768086
8896697

8 DIGITS

07244755
69733805

Source: www.apollopuzzles.com

Quiz 4 - Crossword



ACROSS

1. Pumpkin or mincemeat
3. Santa's ride
6. Celebration
8. Newborn
9. Northpole crew
13. Word of praise
14. Words on a Christmas card
17. It's opened on Christmas

DOWN

1. Alternative word to 17 across
2. Christmas drink
4. Christmas dinner centerpiece
5. Dec. holiday
7. Christmas warmer
8. "Jingle _____ "
10. Christmas tree
11. O. Henry's "The Gift of the ___"
12. What carolers do
15. French Christmas.
16. Snow glider

Quiz 4 - Food, True or False



1. Pepperoni is the most popular pizza topping in the UK.
2. Cheesecake comes from Italy.
3. Pineapples grow on trees.
4. A potato was the first vegetable to be planted on the space shuttle.
5. Hawaiian pizza comes from Canada.
6. French fries originated from France.
7. Pizza was the first food consumed in space.
8. Caesar salad originates from Italy.
9. Ears of corn have an even number of rows
10. The names of the mascots for Rice Krispies are Snap, Crackle & Pop.
11. Vanilla is the most expensive spice.
12. McDonalds has the most restaurants by location in the United States.
13. Limes float in water and lemons sink
14. The average number of segments in an orange is 10.
15. Pears were sometimes called ‘love apples’ because of their shape.
16. The dessert Pavlova is named after a Russian ballet dancer.

Sources: signupgenius.com and mariasplace.com

Quiz 5 - Flowers

Do you recognise these flowers?

1



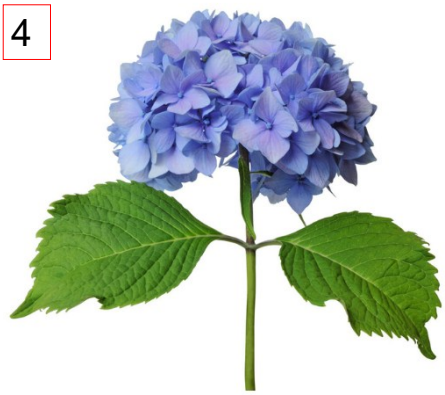
2



3



4



5



6



7



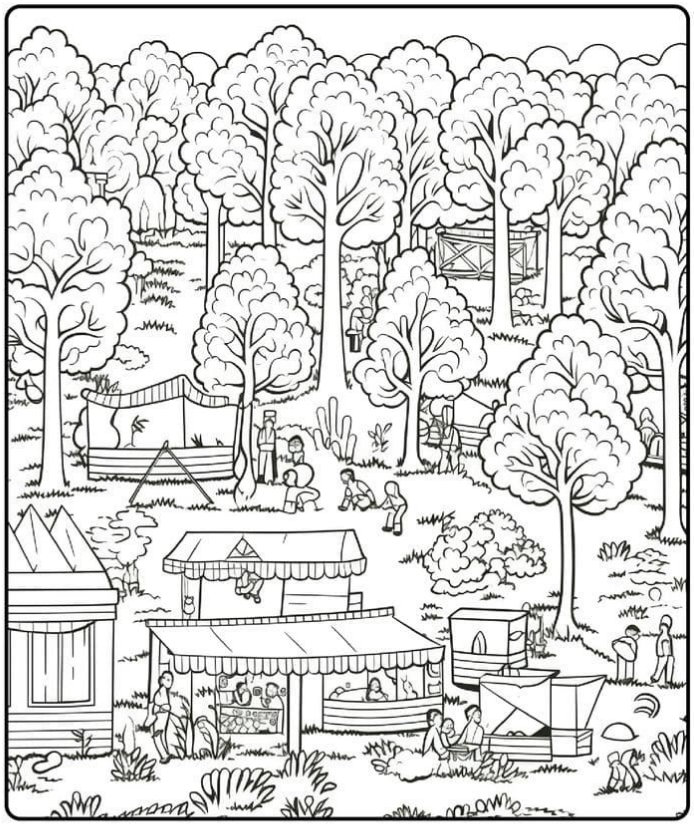
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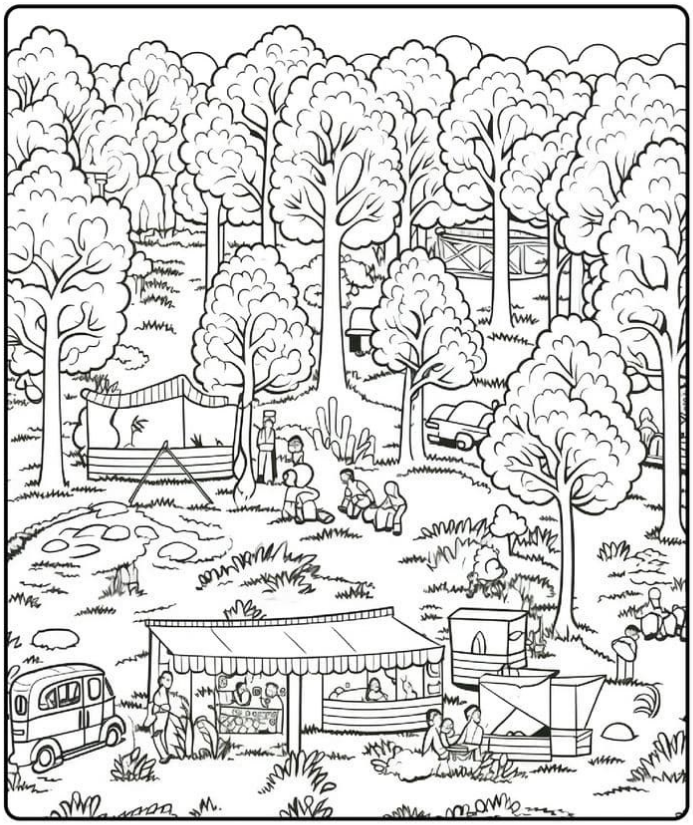


9



Activity - Spot the Difference (there are 8)





Source: www.worldofprintables.com

Icehotel in Sweden

200km north of the Arctic Circle, in the village of Jukkasjarvi, every year when the winter comes, the clean waters of the Torne River slow down and freeze into ice.



In 1989, Japanese ice artists visited the area and created an exhibition of ice art.

In Spring 1990, French artist Jannot Derid held an exhibition in a cylinder-shaped igloo in the same area. One night there were no rooms available in the town, so some of the visitors asked for permission to spend the night in the igloo at the exhibition hall. They slept in the igloo in sleeping bags on top of reindeer skins, and were the first guests of the "hotel".

The entire hotel is made out of snow and ice blocks from the Torne River; even the glasses in the bar are made of ice. Each spring, around March, Icehotel harvests tons of ice from the frozen Torne River and stores it in a nearby production hall with room for over 900t of ice and 27,000t of snow.



The ice is used for creating Ice bar designs and ice glasses, which are used for ice sculpting classes, events, and product launches all over the world, while the snow is used for building a strong structure for the building. About 900 tons of what is left is used in the construction of the next Icehotel.



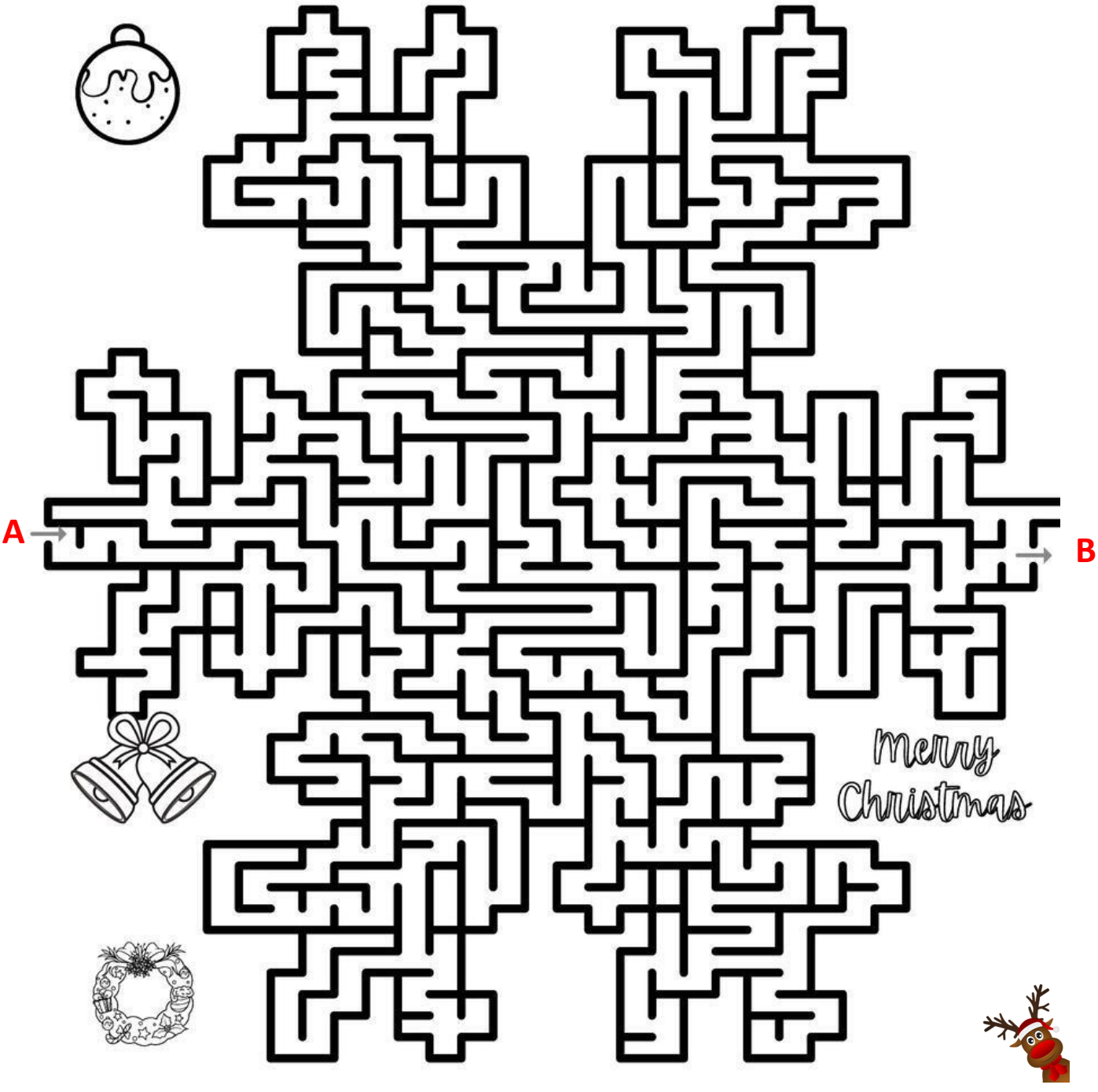
The hotel spans over some 6,000 sq m (64,600 sq ft). Each year artists submit their ideas for suites and a jury selects about 50 artists to create the church, Icebar, reception, main hall and suites.

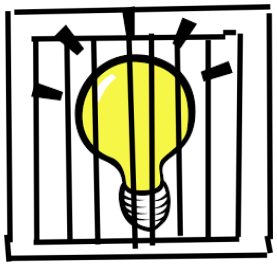


The hotel only exists between December and April and when the spring comes, it is left to melt and find its way back to nature.

Source: Wikipedia.com

Activity - Snowflake Maze

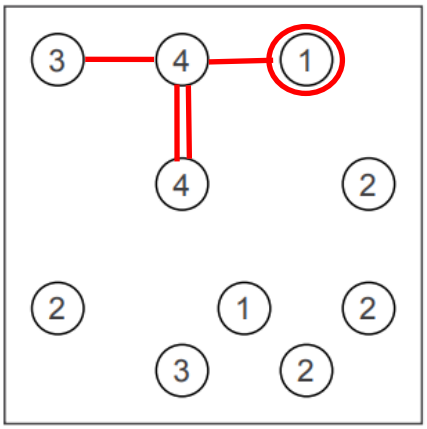




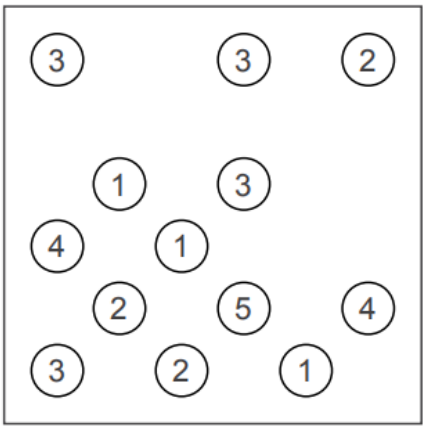
Activity - Building Bridges

The object of this puzzle is to link all the circles by drawing one or two lines between each circle, but no more than that. They must be either vertical or horizontal (NOT diagonal) and the lines must not cross each other. The number of lines coming out of each numbered circle must be the same as the number within the circle. As a starter, look for a circle where the line can only link up with one other.

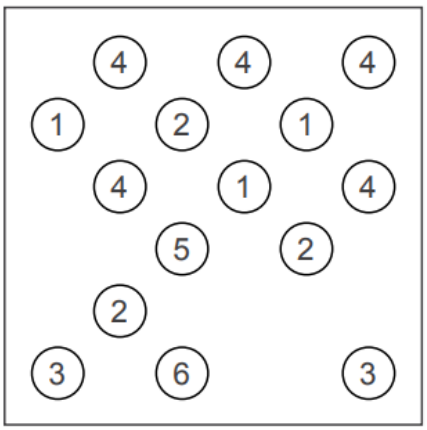
For example in Build Bridge 1, the No. 1 circled in red can only have one line coming out of it going horizontally to the No. 4. Two lines would then need to go down to the No. 4 below it and one to the No. 3 to the left, giving you the four lines needed for the No. 4. Good luck!



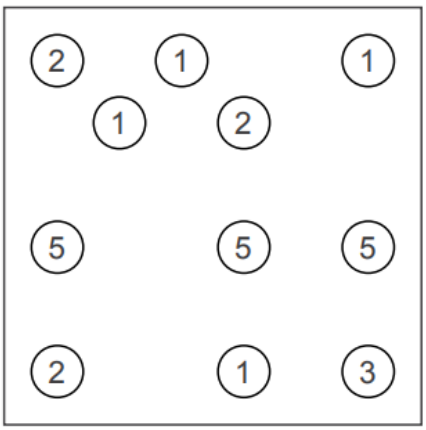
Building Bridge 1



Building Bridge 2

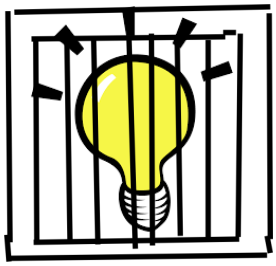


Building Bridge 3



Building Bridge 4

Source: puzzlesandbrains.com



The Reader

Winter (from Lowe's Labour's Lost) by William Shakespeare

Here's our feature from 'The Reader'. The box on the right is the poem and the words italics the thoughts from 'The Reader'.

Remember to take your time reading the poem. Try reading it out loud a few times, if you can. We are just checking in with what we're thinking, and as we read the poem we may find more thoughts come along.

My first thoughts about this poem are just how cold it feels! There seems to be a lot happening here, but all surrounded by the presence of Winter. This is a poem which appears in a play, but it almost feels like a play in itself, there's so much happening. I'm going to read it aloud again.

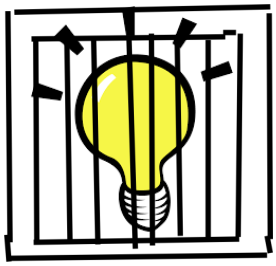
I'm recalling cold winters as a child back in the 1970's, and seeing icicles form on the guttering, while the milk we'd had delivered was partly frozen when we took it in.

Here the owl singing a merry note seems almost out of place with the other parts of the poem; I wonder what you think? The other birds sit brooding in the snow while coughing drowns the parson's saw (which I think means the parson's sermon) and Marian's nose looks red and raw, yet the owl sings it's merry note a second time.

When icicles hang by the wall
And Dick the shepherd blows his nail
And Tom bears logs into the hall,
And milk comes frozen home in pail,
When Blood is nipped and ways be foul,
Then nightly sings the staring owl,Tu-who;
Tu-whit, tu-who: a merry note,
While greasy Joan doth keel the pot.

When all aloud the wind doth blow,
And coughing drowns the parson's saw,
And birds sit brooding in the snow,
And Marian's nose looks red and raw
When roasted crabs hiss in the bowl,
Then nightly sings the staring owl,Tu-who;
Tu-whit, tu-who: a merry note,
While greasy Joan doth keel the pot.

William Shakespeare



Winter (from Lowe's Labour's Lost) by William Shakespeare continued

I wonder whether there's something about the owl being nocturnal here? Is it somehow used to the cold and bar weather, whereas the people in the poem all seem to be finding it a bit tough going, as do the other birds?

I've just read it aloud for a third time, and while it still feels really cold, I'm now wondering what's going on with greasy Joan who keels the pot? A little research shows that to keel the pot can mean to tip up a mug or cup so that the bottom is upright. Perhaps Joan is drinking something warming to keep away the winter chill?

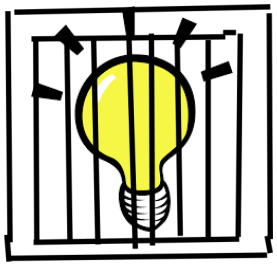
I don't fully know what's going on in this poem, and for me that's one of the pleasures of Shared Reading; we don't have to fully understand all that we read.

I do have a sense of it, and I can almost visualise the scene with all the activity taking place. It's making me feel chilly though, so I think I'll go brew a pot of tea and keel it so as to warm up before I read the poem one last time!

When icicles hang by the wall
And Dick the shepherd blows his nail
And Tom bears logs into the hall,
And milk comes frozen home in pail,
When Blood is nipped and ways be foul,
Then nightly sings the staring owl,Tu-who;
Tu-whit, tu-who: a merry note,
While greasy Joan doth keel the pot.

When all aloud the wind doth blow,
And coughing drowns the parson's saw,
And birds sit brooding in the snow,
And Marian's nose looks red and raw
When roasted crabs hiss in the bowl,
Then nightly sings the staring owl,Tu-who;
Tu-whit, tu-who: a merry note,
While greasy Joan doth keel the pot.

William Shakespeare

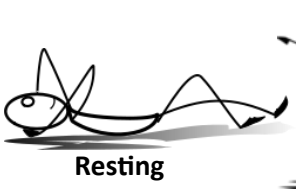


Activity - Stick figure drawing

Drawing a stick figure is really quite easy. Take a look at the three examples below and then see if you can draw the figure taking part in the activity listed.



Walking



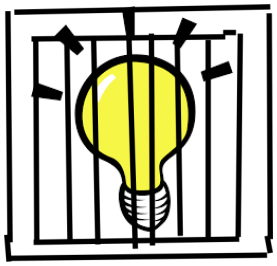
Resting



Ballet dancer

- An angel
- Jumping for joy
- Ice skating
- Dancing
- Singing
- Waving
- Doing a hand-stand
- Sitting
- Skiing
- Playing football





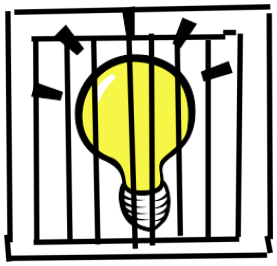
Quiz 6 - Music in the 80s

1. What year was Live Aid?
2. Who sang 1984 hit All Cried Out?
3. Which popular AC/DC album was the first to feature new vocalist Brian Johnson?
4. Who sang the title track of 80s Bond film The Living Daylights?
5. In which iconic music video do Queen parody Coronation Street?
6. Now associated with rickrolling, which 1987 Rick Astley song became number one in 25 countries?
7. Which single gave Whitney Houston her first UK number one in 1985?
8. What was the best-selling single of the decade in the UK?
9. Which band was awaiting a ‘Letter From America’?
10. Who went straight to number one in 1981 with ‘Stand and Deliver’?
11. Who was Christmas Number One in 1988 with ‘Mistletoe and Wine’?
12. Which famous actor was waiting for Bananarama in 1984?
13. Who is the lead singer of the band Frankie Goes To Hollywood?
14. Bobby G, Cheryl Baker, Mike Nolan and Jay Aston were members of which band?
15. How old were George Michael and Andrew Ridgely when they wrote Careless Whisper - 17, 19, or 22?
16. Which U2 album became the fastest-selling album in British history at the time, once released in 1987?
17. Which iconic Simple Minds song plays during the opening and closing credits of The Breakfast Club?
18. Which 1981 Journey song failed to crack the UK Top 40 on release, then reached No. 6 in 2009?
19. Name the song: "It's gonna take a lot to drag me away from you. There's nothing that a hundred men or more could ever do".
20. Which singer-songwriter's real name is Michael Barratt?



Source: radiotimes.com

recoop



Sudoku Fill in the 9×9 grid with numbers so that each row, column and 3×3 section contains all of the digits between 1 and 9. If you're still not sure have a very quick peek at the answers!

	6			2	3			9
4						8	6	1
		5						
1			7	3				
			8				5	
7		6	4		1		8	
						3	2	
5		8						
				5			7	

EASY

		6	4		7			
8	4				3	5		
	7				1	2	9	
		5		1				6
		7	8	2	9	3	5	
	9					4	7	
			9				2	
				3		8		9

	2			6				
				2	7		4	1
5								
		2					7	
3	4					9		2
					8		3	
8					5			9
1		6						
		3		9		6		

MEDIUM

					7		5	
		2		6				4
	8			9			7	
7	6			1		3		
			2					
				8				9
5		9			8		2	3
				2	4			7

	5	6	7	1				
					6	4		9
			3				7	
2								
		3	8					6
5			6				3	
					3			5
						2		
		9			4			8



HARD

	3	1						8
		7		4			5	
						2		
	2		8				6	
	6			2	7		4	
			9				2	
	7							3
8		3						
	1	5				6		7

Source: puzzles.ca

ANSWER

Quiz 1 - Christmas Traditions around the world

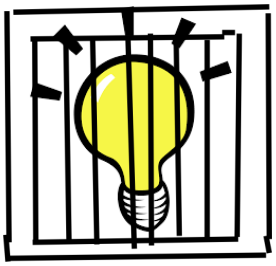
1. Silent Night
2. Swan
3. An Olive branch
4. The list is granted
5. Christmas Stamps
6. A taffy-pull
7. Japan
8. Greece
9. Oysters
10. St Nicholas
11. The Mother
12. Austria
13. England
14. Italy (The Romans)
15. New Years Day
16. Carol Singing
17. France
18. A Turnip
19. Wooden Shoes
20. Welsh

Quiz 2 - Christmas Word Scramble

1. Christmas Tree
2. Fruit Cake
3. Saint Nicholas
4. The Nutcracker
5. Poinsettia
6. Christmas Carols
7. Wreath
8. Hallelujah Chorus
9. Wrapping Paper
10. Christmas Cracker

Activity - Hidden objects





Activity - The Wall

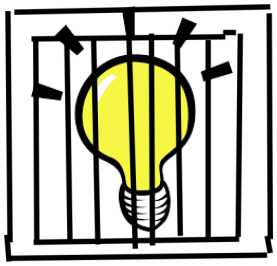
Tinsel	Bauble	Lights	Fairy	Tree decorations
Paper	Ribbon	Label	Tape	Wrapping items
Sultanas	Brandy	Icing	Flour	Christmas cake
Turkey	Roast Potatoes	Pigs in Blankets	Stuffing	Christmas lunch

Hark	Herald	Angels	Sing	Hark the Herald Angels Sing
Wish	You	Merry	Christmas	We wish you a Merry Christmas
Away	In	A	Manger	Away in a Manger
Ding	Dong	Merrily	High	Ding Dong Merrily on High

Green	Stolen	Grumpy	Dr Seuss	The Grinch
Buddy	Orphan	North Pole	Workshop	Elf
Kevin	Robbers	Left behind	Buzz	Home Alone
Ghosts	Past	Present	Future	A Christmas Carol (or Scrooge)

recoop

ANSWER



Quiz 3 - History

1. 1919
2. 1804
3. 1967
4. 1791
5. 1492
6. 1901
7. 1980
8. 1988
9. 1936
10. 1989
11. 1990
12. 1911
13. 1918
14. 1503
15. 1944
16. 1775

Activity - Number fill-in

4	0	0	6			8	1	6	9		6	4	8	0	4	5
8	3	1	3	4		6	8	6	3		8	5	8	8	4	9
5	6	5	1	1		3	7	0	8		3	9	5	8	1	5
7	9	4	3	3		2	4	7	1		7	9	6	4	0	2
				9	6	7	1		9	8	8	2				
1	6	8	2	9	4				0	7	2	4	4	7	5	5
9	5	8	5		1	4	8	0		6	8	4	2	7	8	8
3	2	9	7		3	0	7	0	6	8			1	4	3	7
1	8	6	2			9	6	8	0	0			2	6	9	6
4	0	6	7			7	2	9	8	8	5		0	6	6	3
6	4	9	9	7	1	5		7	0	6	8		0	6	9	2
6	9	7	3	3	8	0	5				2	0	7	9	7	0
				1	4	2	0		1	3	4	3				
0	8	5	2	5	7		5	3	3	3		6	1	9	0	5
2	4	1	6	2	2		0	6	8	1		2	5	0	1	2
9	8	8	6	6	4		4	2	6	3		7	2	2	4	6
9	9	0	1	8	0		6	5	4	2			3	9	5	2

Activity - Crossword



Quiz 4 - Food - True or False

1. True—Mushrooms come in 2nd
2. False—Greece
3. False—they grow on the ground
4. True
5. True
6. False—Belgium
7. False—it was apple sauce
8. False—Mexico
9. True—an average ear has 16 kernels
10. True–first appeared in the 1930s
11. False—Saffron
12. False—it's Subway
13. False—it's the other way round
14. True
15. False—Tomatoes were called love apples
16. True

ANSWER

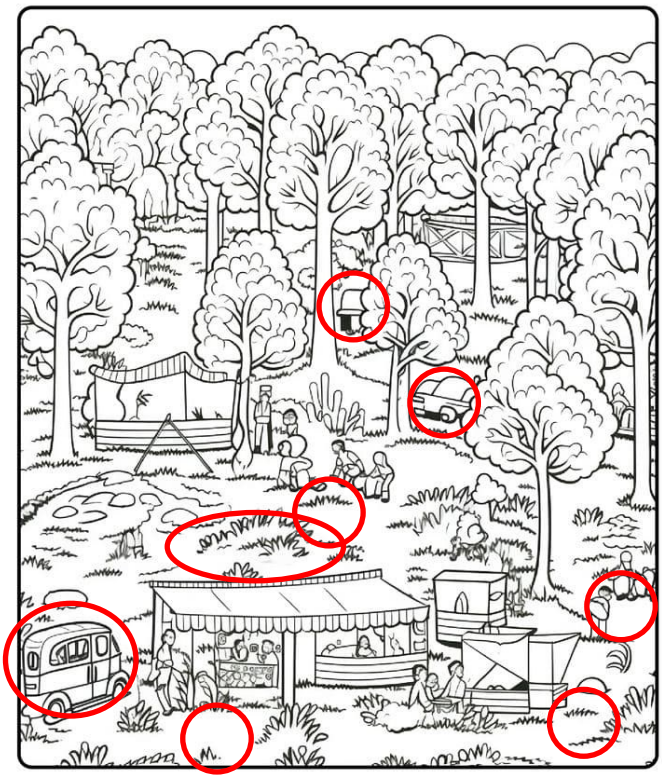
Quiz 6 - Flowers

1. Sunflower
2. Tulip
3. Daffodil
4. Hydrangea
5. Rose
6. Iris
7. Cherry blossom
8. Forsythia
9. Peony

Activity - Building Bridges

See next page.

Activity - Spot the Difference

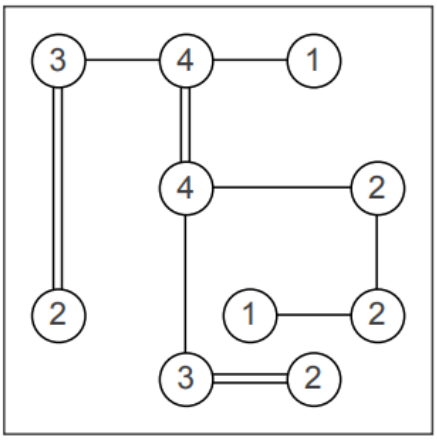


Quiz 7 - Music - 1980s

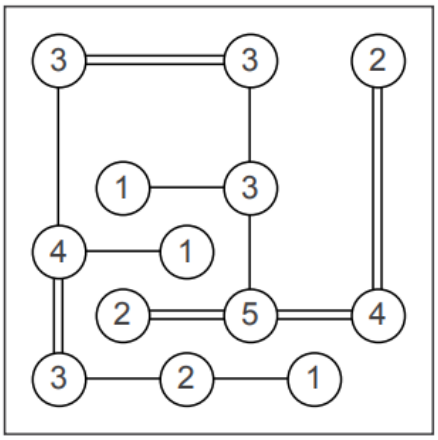
1. 1985
2. Alison Moyet
3. Back in Black
4. A-ha
5. I Want to Break Free
6. Never Gonna Give You Up
7. Saving All My Love For You
8. Do They Know It's Christmas?
9. The Proclaimers
10. Adam and the Ants
11. Cliff Richard
12. Robert de Niro
13. Holly Johnson
14. Bucks Fizz
15. 17
16. The Joshua Tree
17. Don't You (Forget About Me)
18. Don't Stop Believin'
19. Africa by Toto
20. Shakin' Stevens

ANSWER

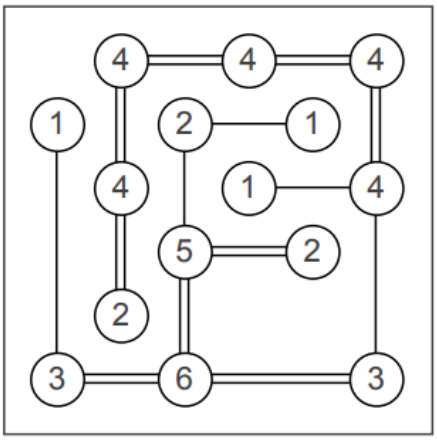
Activity - Building Bridges



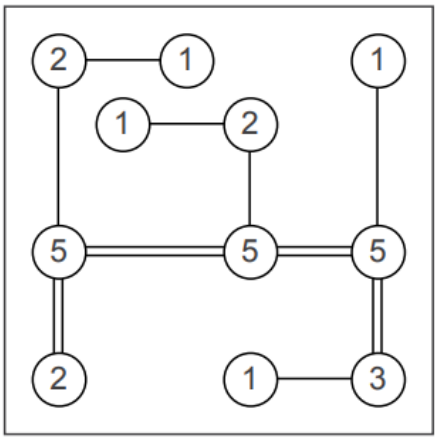
Building Bridge 1



Building Bridge 2



Building Bridge 3



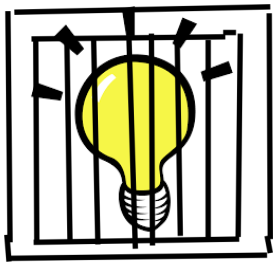
Building Bridge 4



How many reindeer did you find?

There were 12 (excluding this one).





Activity - Sudoku

8	6	7	1	2	3	5	4	9
4	2	3	5	7	9	8	6	1
9	1	5	6	8	4	7	3	2
1	8	2	7	3	5	6	9	4
3	4	9	8	6	2	1	5	7
7	5	6	4	9	1	2	8	3
6	7	4	9	1	8	3	2	5
5	3	8	2	4	7	9	1	6
2	9	1	3	5	6	4	7	8



9	2	6	4	5	7	1	3	8
8	4	1	2	9	3	5	6	7
5	7	3	6	8	1	2	9	4
2	3	5	7	1	4	9	8	6
4	6	7	8	2	9	3	5	1
1	9	8	3	6	5	4	7	2
3	1	4	9	7	8	6	2	5
7	5	2	1	3	6	8	4	9
6	8	9	5	4	2	7	1	3

4	2	7	5	6	1	8	9	3
9	6	8	3	2	7	5	4	1
5	3	1	4	8	9	2	6	7
6	8	2	9	4	3	1	7	5
3	4	5	1	7	6	9	8	2
7	1	9	2	5	8	4	3	6
8	7	4	6	1	5	3	2	9
1	9	6	8	3	2	7	5	4
2	5	3	7	9	4	6	1	8



9	4	6	1	3	7	2	5	8
1	7	2	8	6	5	9	3	4
3	8	5	4	9	2	6	7	1
7	6	4	5	1	9	3	8	2
8	9	1	2	4	3	7	6	5
2	5	3	7	8	6	1	4	9
5	1	9	6	7	8	4	2	3
4	2	7	3	5	1	8	9	6
6	3	8	9	2	4	5	1	7

4	5	6	7	1	9	3	8	2
1	3	7	2	8	6	4	5	9
8	9	2	3	4	5	6	7	1
2	6	8	4	3	1	5	9	7
9	4	3	8	5	7	1	2	6
5	7	1	6	9	2	8	3	4
7	8	4	1	2	3	9	6	5
6	1	5	9	7	8	2	4	3
3	2	9	5	6	4	7	1	8



4	3	1	2	5	6	9	7	8
2	9	7	3	4	8	1	5	6
5	8	6	7	9	1	2	3	4
3	2	9	8	1	4	7	6	5
1	6	8	5	2	7	3	4	9
7	5	4	9	6	3	8	2	1
6	7	2	1	8	5	4	9	3
8	4	3	6	7	9	5	1	2
9	1	5	4	3	2	6	8	7